

# Advanced Retirement Income Planning based on Market History

**Jim C. Otar**

CFP, CMT, M.Eng.

Retirementoptimizer.com

## Important Points

All charts, tables, data, statements, claims, formulas and content information – except where explicitly noted otherwise - are based on research and findings of the presenter. These can be found in more detail in "Unveiling Retirement Myth – Advanced Retirement Planning Based on Market History", ISBN 978-0-968963425, a textbook on retirement income planning, authored by the presenter.

The annual updates of the charts and other data are derived by using the propriety software that is marketed as "Otar Retirement Calculator."

Both will be available to you for further review and due diligence, free of charge, upon conclusion of this presentation.

## Outline

- Flaws of forecast methods
- Market History and Retirement Planning
- The Luck Factor
- The Math of Loss
- Three Warning Signals
- The Zone Strategy

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

3

## THE DARK AGES: Single-Line Forecast

- Retiring now at age 65
- Starts with \$1 million
- Withdrawals of \$50,000 / year

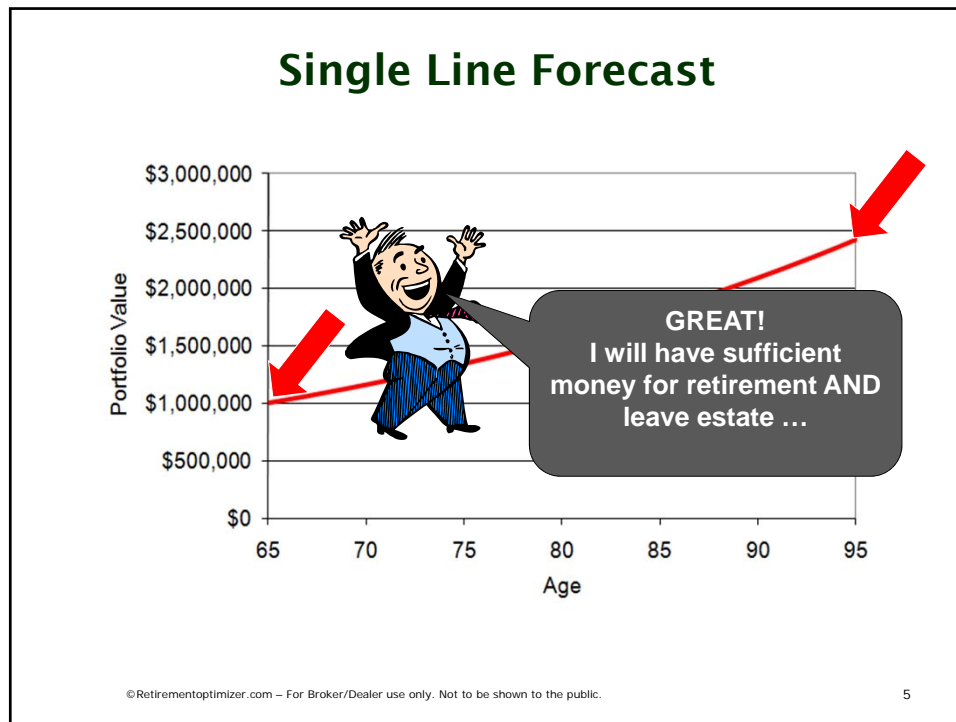
### ASSUMPTIONS:

- Average Growth Rate: 8% per year
- Average Inflation: 3% per year

**Make a 30-year FORECAST!**

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

4



### Single Line Forecast

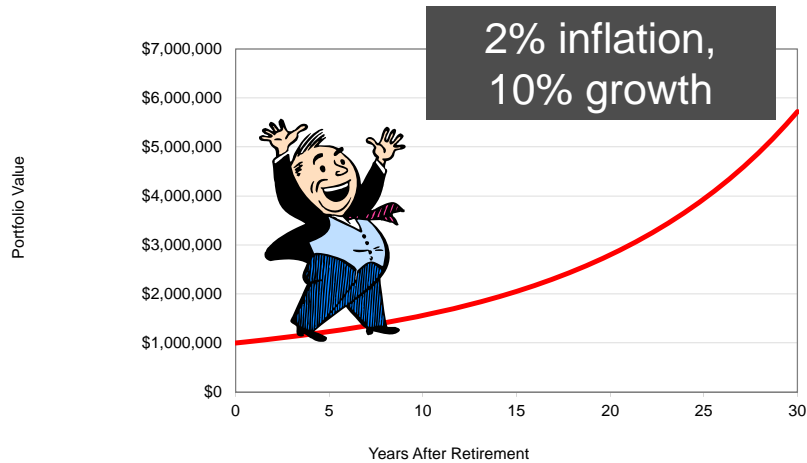
If the forecast is not rosy, there are three ways an advisor can “tweak” for potential “solutions” :

- Use a higher “ assumed” portfolio growth rate
- Use a lower “assumed” inflation rate
- Use a lower “assumed” age of death

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

6

## Single Line Forecast



©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

7

## ACADEMIC FANTASY: Multi-Line Forecast

- Retiring now at age 65
- Starts with \$1 million
- Withdrawals of \$50,000 / year

### ASSUMPTIONS:

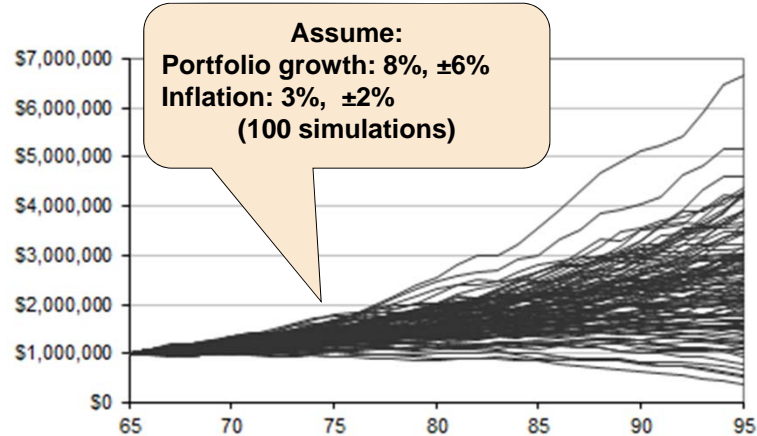
- Average Growth Rate: 8%  $\pm$ 6% per year
- Average Inflation: 3%  $\pm$ 2% per year

**Make a 30-year FORECAST!**

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

8

## ACADEMIC FANTASY: Multi-Line Forecast

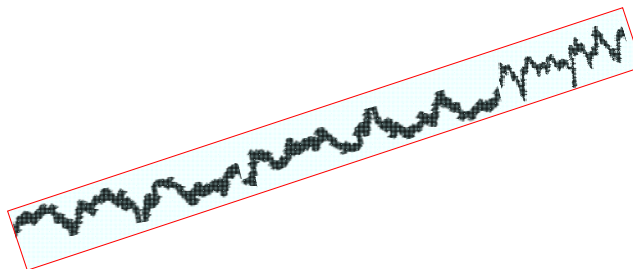


©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

9

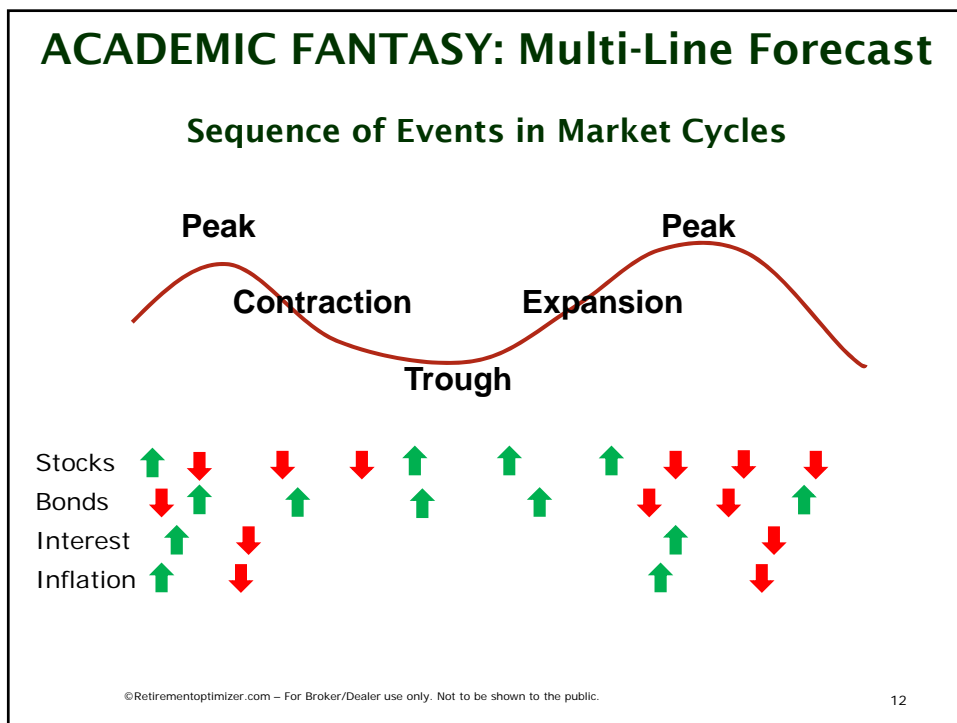
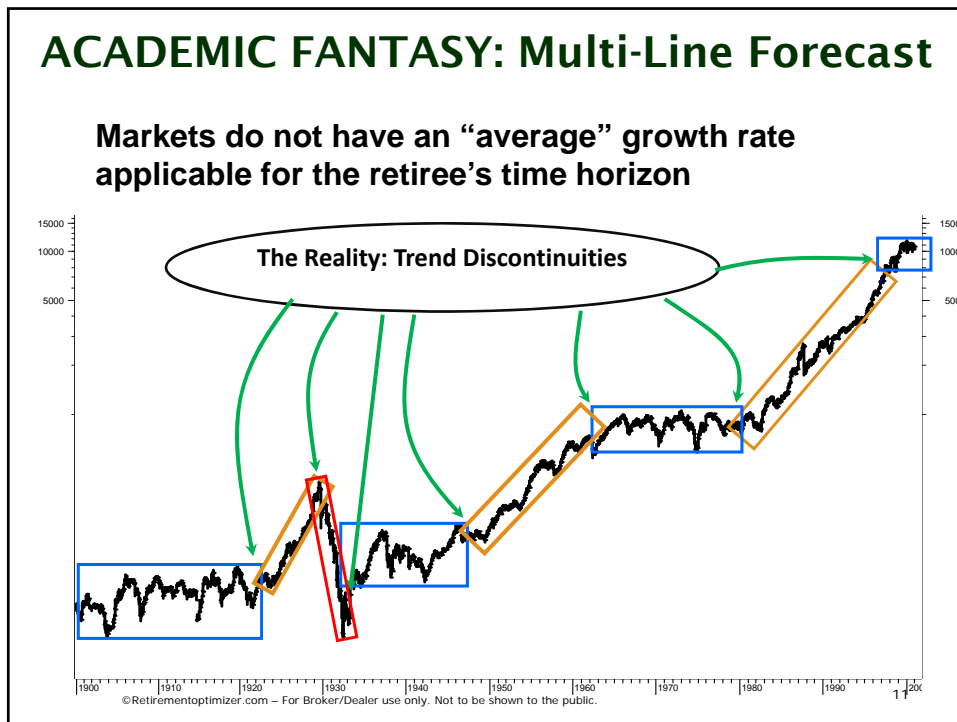
## ACADEMIC FANTASY: Multi-Line Forecast

**Monte Carlo simulations assume random fluctuations around an “average” growth rate**



©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

10



## **ACADEMIC FANTASY: Multi-Line Forecast Monte Carlo Simulators**

Randomizing over a business cycle:

- When you randomize the behavior (up or down) of 4 items (stocks, bonds, interest rates and inflation) over 4 phases (peak, contraction, trough, expansion), you have 1 in 16 chance of lining up sequence of returns correctly.
- If you run 16,000 simulations, you'll have 15,000 runs that are basically useless.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

13

## **AFTCAST: My “Reality” Solution**

- Developed 13 years ago, uses the actual market history, including growth rate and inflation, as they happened in history.
- Reflects the actual sequence of events, the actual sequence of returns (stocks, interest rates and inflation), the actual correlation between stocks, interest rates and inflation, and actual volatility as they occurred since 1900.
- No assumed growth rate, no assumed future inflation rates.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

14

## The Objective of Aftcasting

- We agree whole-heartedly that the past performance is not necessarily an indicator of future performance
- However, if you use aftcasting and design a retirement plan based on the sequence of events as it actually happened in the black swan situations of the past, you can enable the retiree for a more successful retirement.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

15

### Article 24 Retirement Planning #1: Roadmap to Where? (2001 CFP-Board Article Award)

Canadian MoneySaver, December 2000

#### Retirement Planning: Part 1: Roadmap to Where?

CEMIL OTAR

**D**o you have a retirement plan? Here is how it works: Your financial planner interviews you for a couple of hours, collects your vital financial information – how much you have now, how much you can save until your retirement, at what age you wish to retire, how much money you want after retirement, how much legacy you want to leave to your children, to your favorite charities, and to the grandchildren of your cousin-twice-removed.

You can also prepare your retirement plan using one of the many available "do-it-yourself" financial web sites.

You'll end up with a computer-generated report outlining your financial "plan," which inevitably includes a graph showing your projected asset growth until the end of your expected life. Typically, it looks similar to the graph shown in Figure 1.

This "standard" retirement plan chart consists of two parts:

1. Saving: The bars rising parabolic on the left hand side of the chart show how your assets build up

After reviewing this chart, you conclude that if you put aside X dollars each month until your retirement, then you can retire at age XX and withdraw XXX dollars from your investments, adjusted for an assumed inflation rate. Now you are confident about your future, and nothing can prevent you reaching this goal. Right?

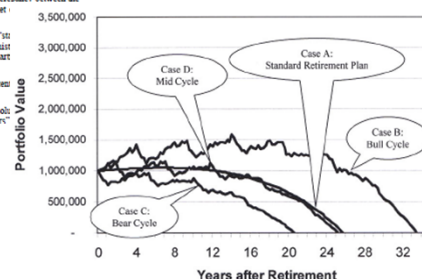
Wrong! My next set of articles will reveal how misleading some "standard" retirement plans can be.

This article, Part 1, shows the discrepancy between the "standard" retirement plan and market returns on historic business cycles.

In Part 2, I will compare the "in plan with one hundred years of history" Reader discretion is advised, as this is a frightening scene.

In Part 3, I will talk about the potentially praised "Dollar Cost Averaging".

In subsequent parts, I will offer solutions: mutual funds and "Annuity Ladders".



©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

16



Article 34 [Right Road Wrong Map](#)  
(2002 CFP Board Article Award)

Financial Planning, U.S.A., May 2002

## Right Road, Wrong Map

The vast majority of retirement plan projections are overly optimistic because they're based on incorrect or outdated assumptions. **By Jim Otter**

The vast majority of retirement plan projections are overly optimistic because they're based on incorrect or outdated assumptions. **By Jim Otter**



Extended bull or bear markets that are unusual in their severity or longevity are called megatrends. During the last century, we had three mega-bull markets. Two of them started after the end of the first and second world wars, which occurred after the Cold

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

17



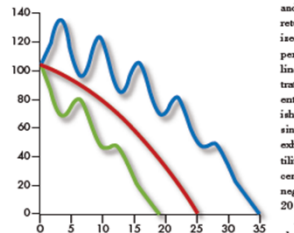
## RETIREMENT INCOME UNIVERSITY

[A MONTHLY COURSE ON RETIREMENT ECONOMICS BY MOSHE A. MILEVSKY, Ph.D.]

### LESSON 1:

## The Trigonometry of Retirement Income

Figure 2: Retirement in a bear versus bull cycle. Spending \$7 per \$100 of initial nest egg.



Note: The smooth middle (red) curve denotes your portfolio's retirement path assuming it earns 5 percent per year, every year. The upper (blue) curve assumes you retire retirement in a bull-market cycle and the lower (green) curve assumes you start in a bear-market cycle. The sustainability gap between the two extreme scenarios is approximately 15 years.

RESEARCH FEBRUARY 2007 61

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

18

## **AFTCAST:**

- Retiring now at age 65
- Starts with \$1 million
- Withdrawals of \$50,000 / year

### **ASSUMPTIONS:**

- No assumptions
- No forecast

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

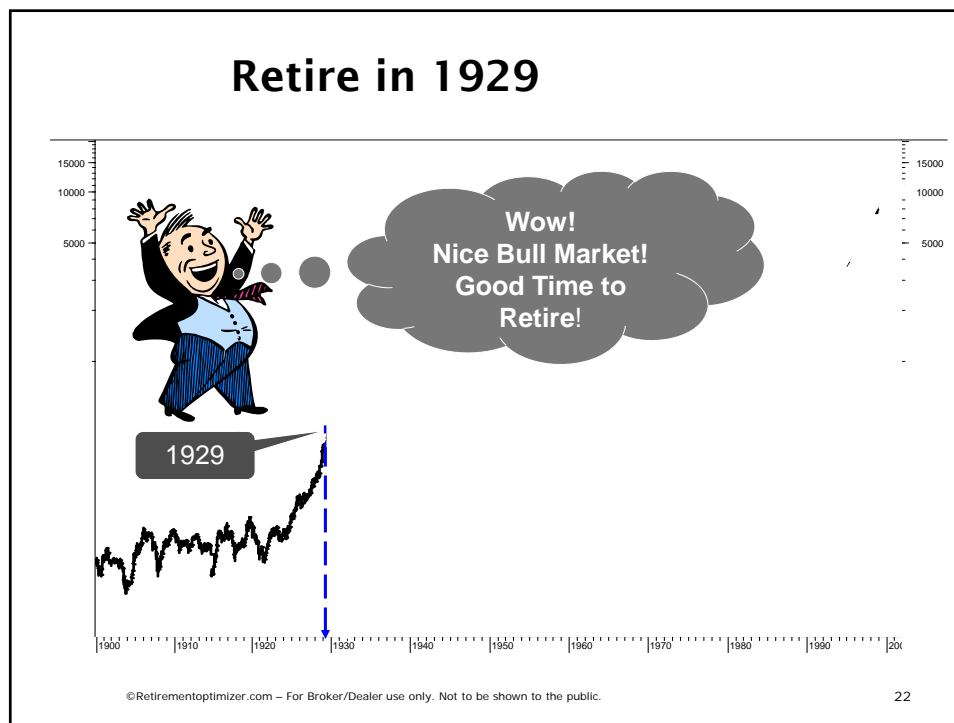
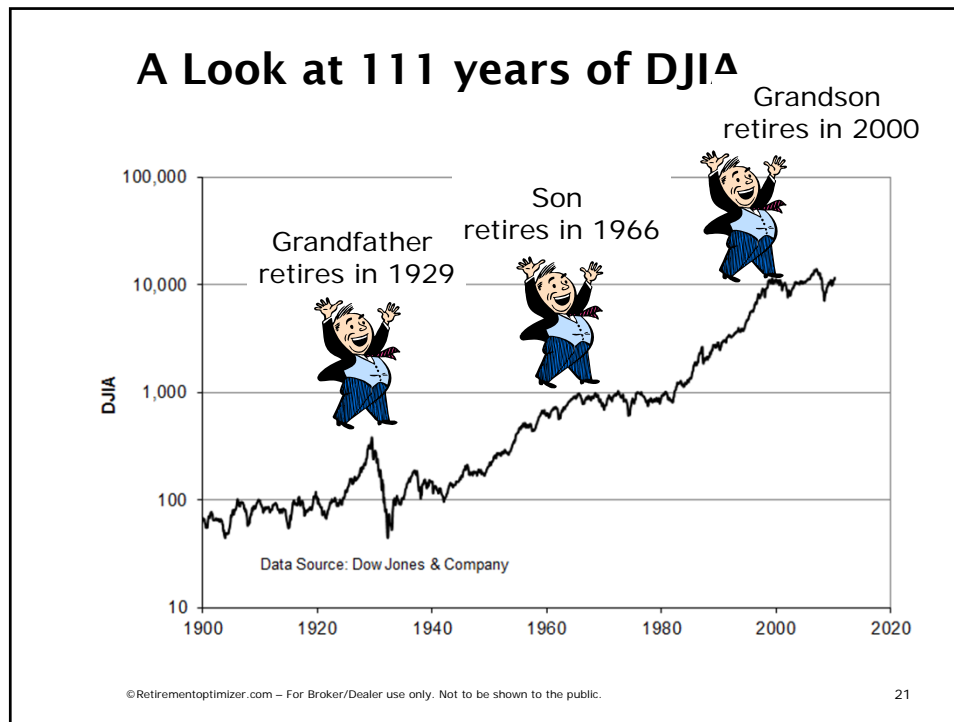
19

## **The Reality - Story of Three Generations**

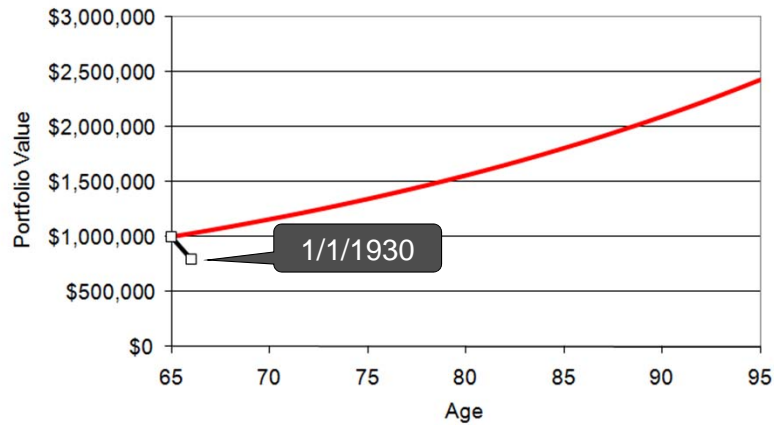
- Using actual market history, let's look at portfolios for three generations .
- We will not make a forecast (no assumed growth rate and no assumed inflation).
- We will make an aftcast. Aftcast means looking at historical outcomes as they would have happened in the past.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

20



## Retire in 1929

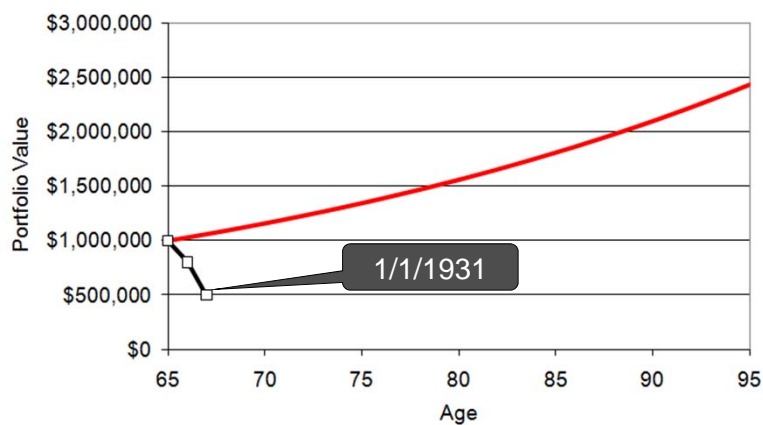


Equity index: DJIA, historical total return less 2% portfolio and management costs

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

23

## Retire in 1929

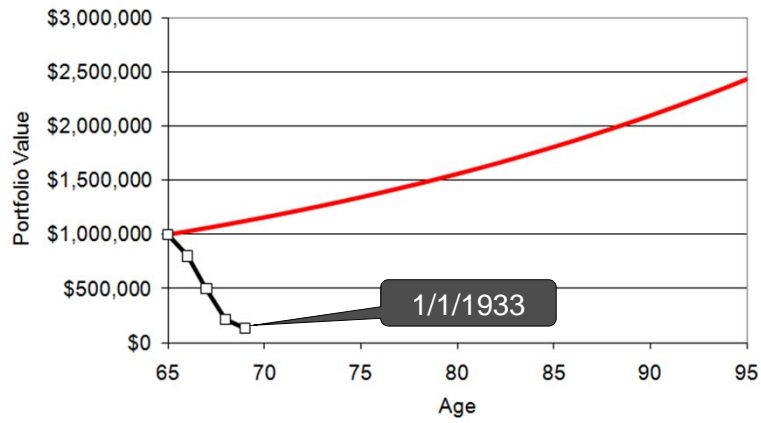


Equity index: DJIA, historical total return less 2% portfolio and management costs

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

24

## Retire in 1929

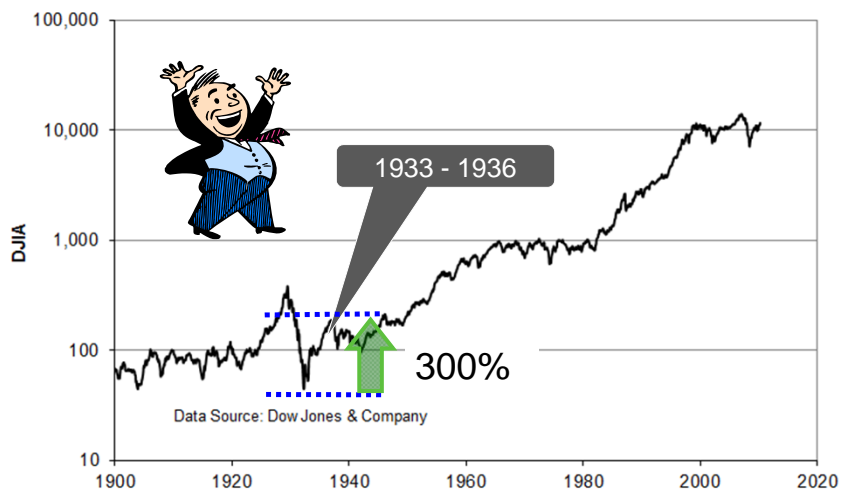


Equity index: DJIA, historical total return less 2% portfolio and management costs

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

25

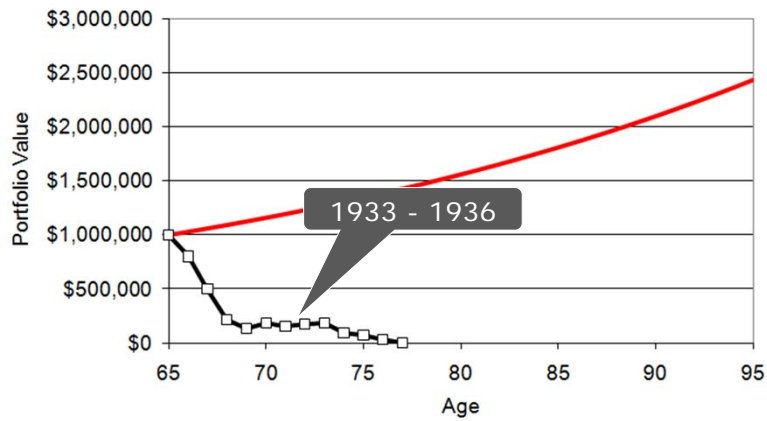
## Retire in 1929



©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

26

## Retire in 1929

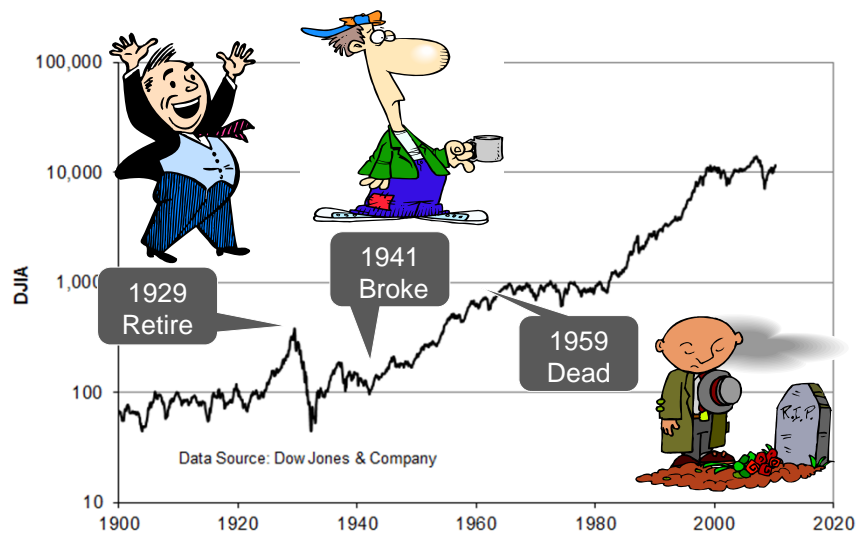


Equity index: DJIA, historical total return less 2% portfolio and management costs

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

27

## Retire in 1929

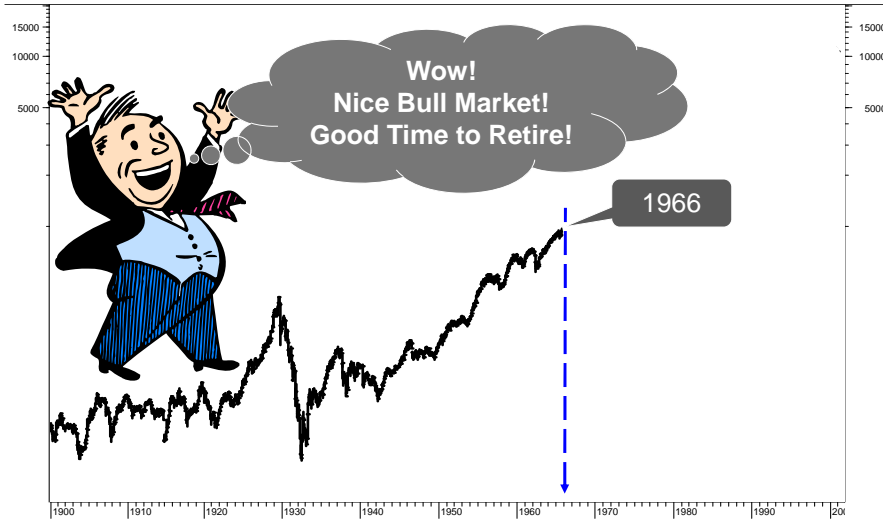


Data Source: Dow Jones & Company

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

28

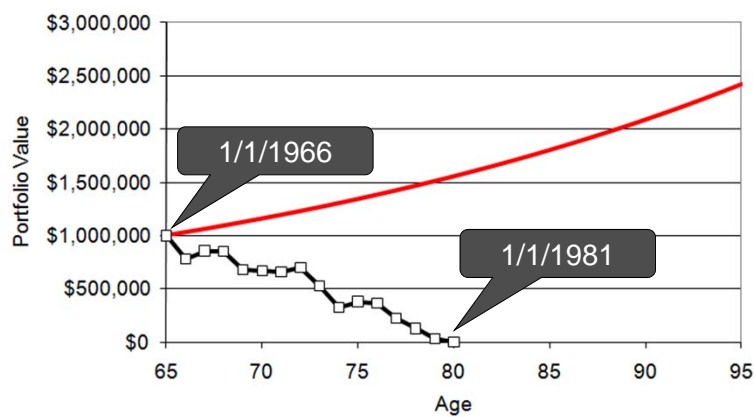
## Retire in 1966



©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

29

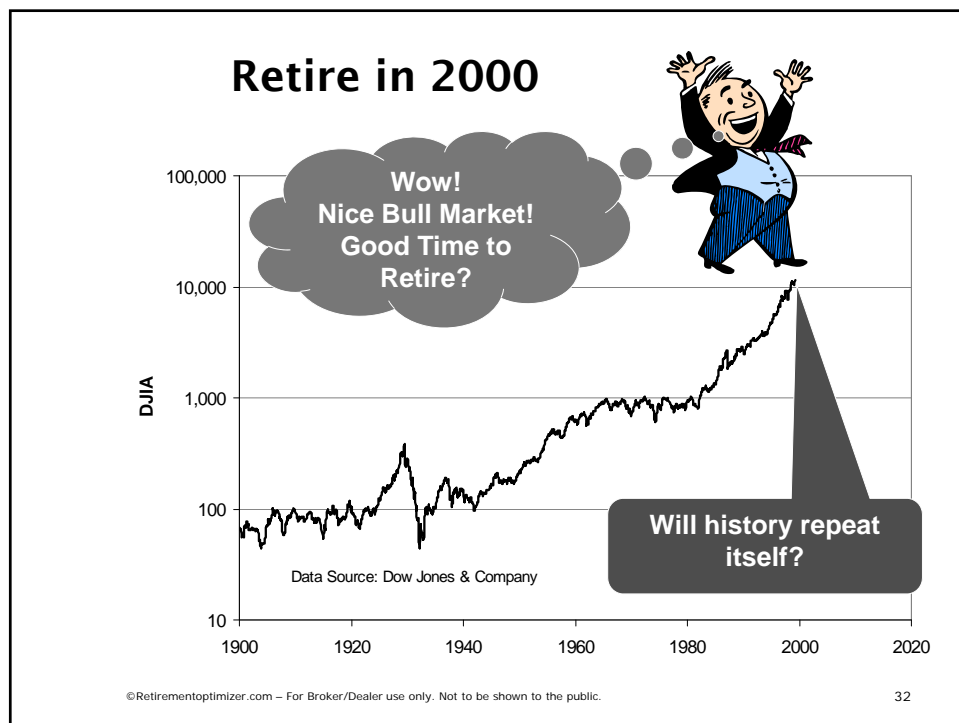
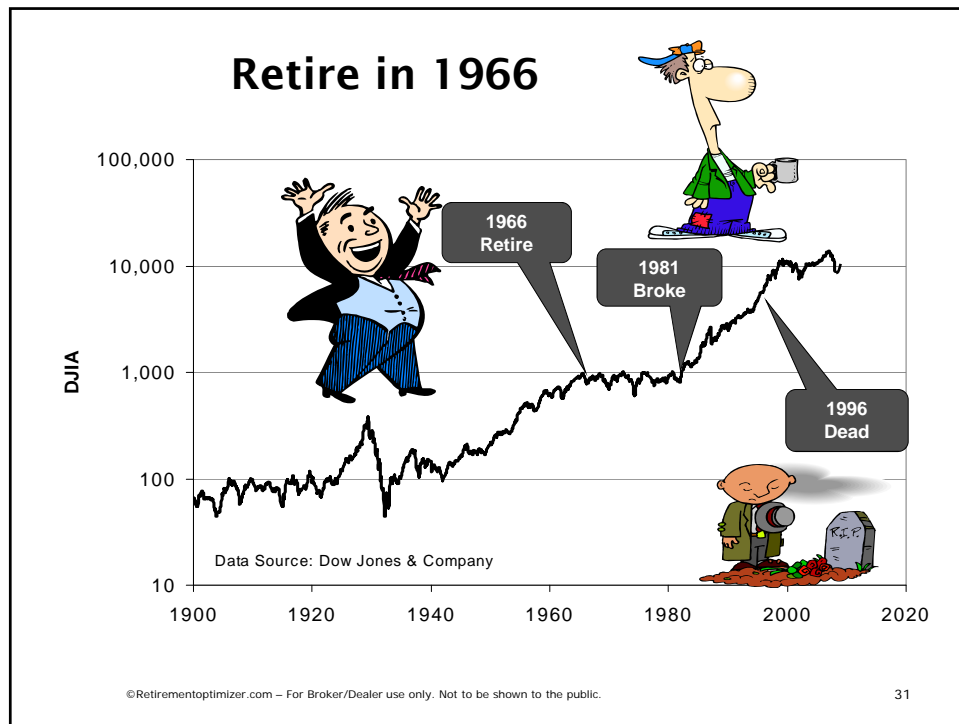
## Retire in 1966



Equity index: DJIA, historical total return less 2% portfolio and management costs

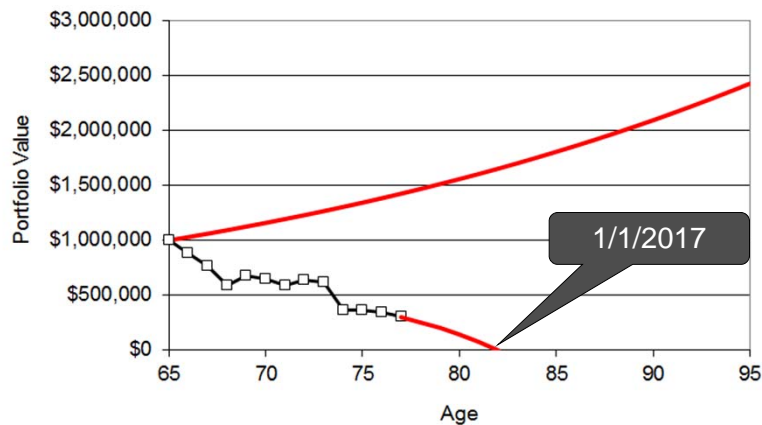
©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

30





## Retire in 2000



Equity index: DJIA, historical total return less 2% portfolio and management costs

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

33

## The Reality - Story of Three Generations

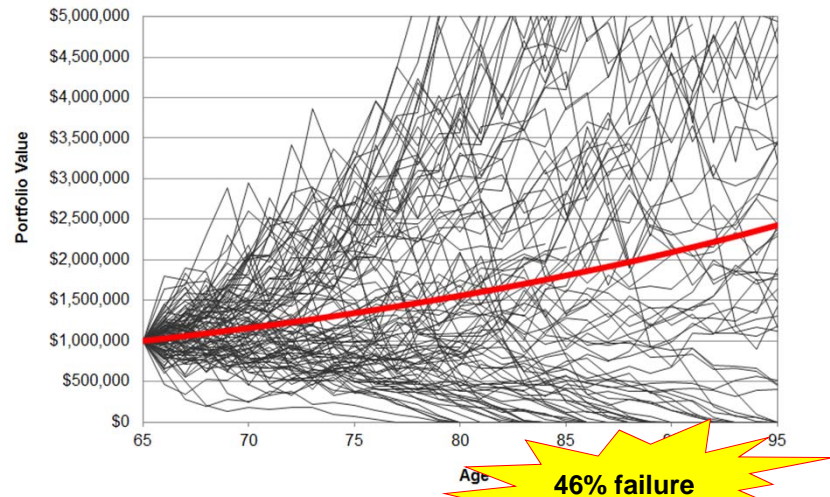
Each retired at age 65 and took out 5% initial withdrawal rate.

- The **grandfather** retired in 1929.  
→ He ran out of money at age **77**.
- The **son** retired in 1966.  
→ He ran out of money at age **80**.
- The **grandson** retired in 2000.  
→ He will likely run out of money by age **82**.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

34

## Retire in Any Year Since 1900, DJIA

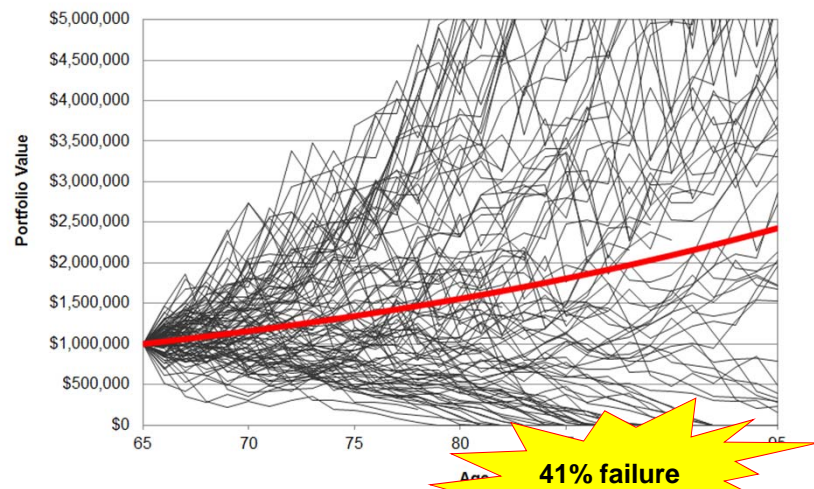


Equity index: DJIA, historical total return less 2% portfolio and management costs

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

35

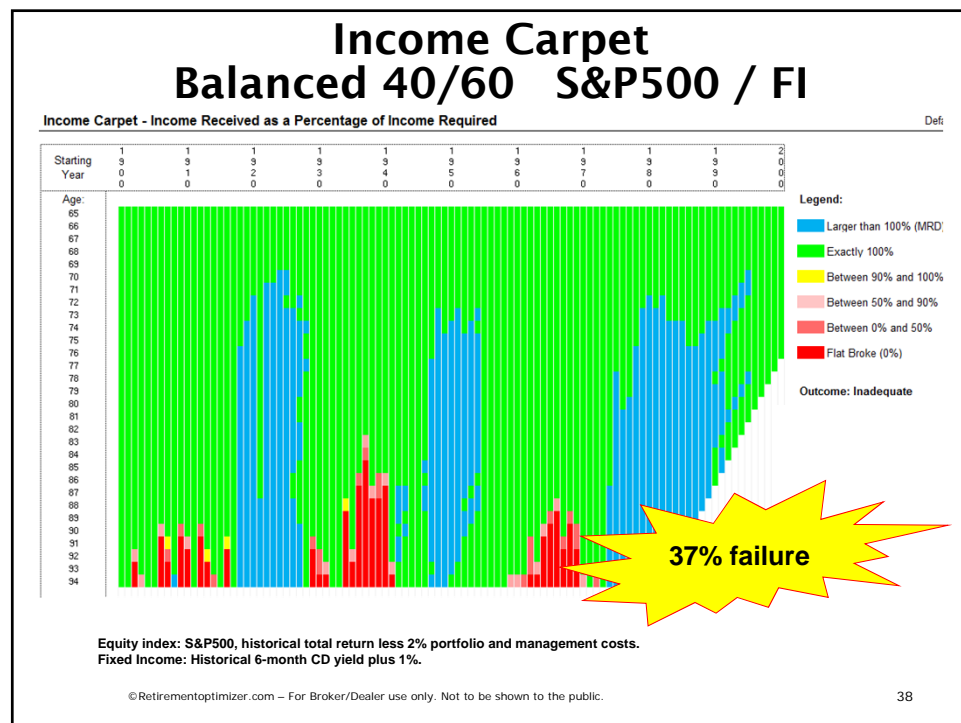
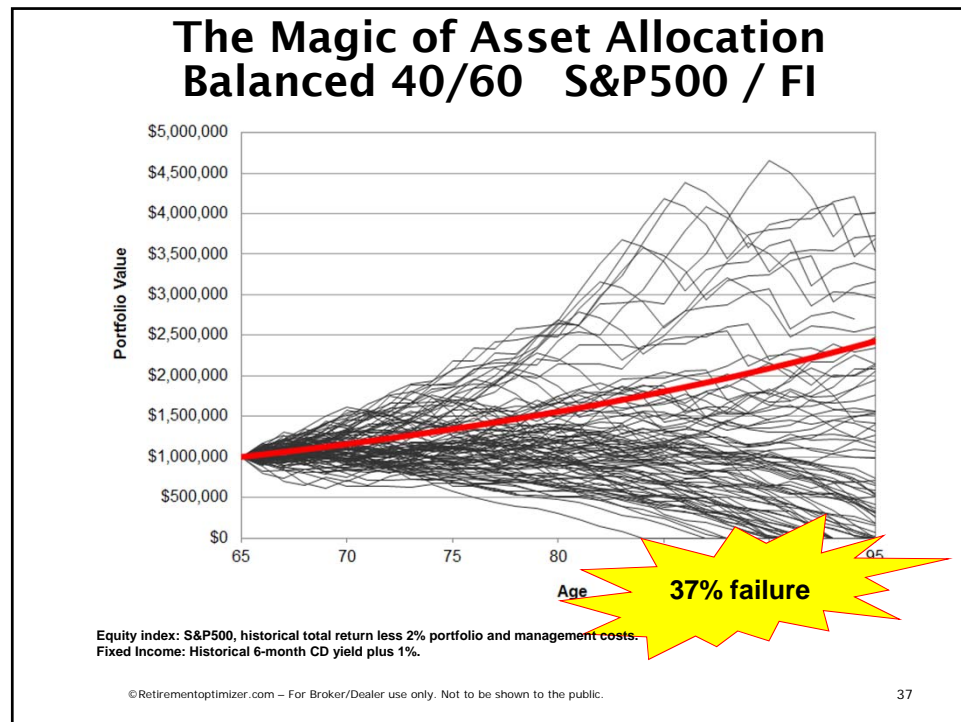
## Retire in Any Year Since 1900, S&P500



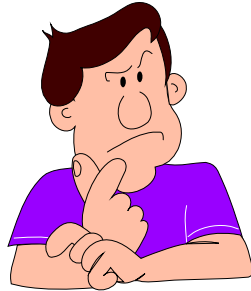
Equity index: S&P500, historical total return less 2% portfolio and management costs

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

36



## The Luck Factor

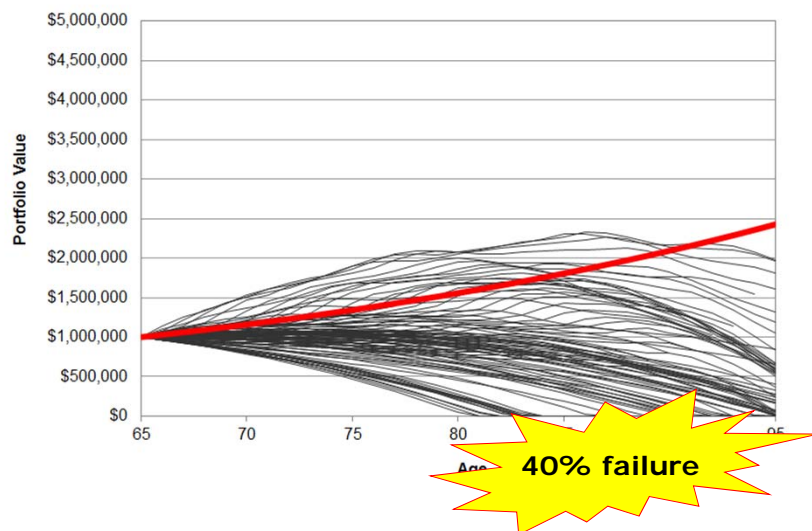


If the Withdrawal Rate is over 3.5%, Luck is the most important factor for portfolio longevity.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

39

## Retire in Any Year Since 1900: 100% Fixed Income



Fixed Income: Historical 6-month CD yield plus 1%.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

40

## Determinants of Success in Distribution Portfolios

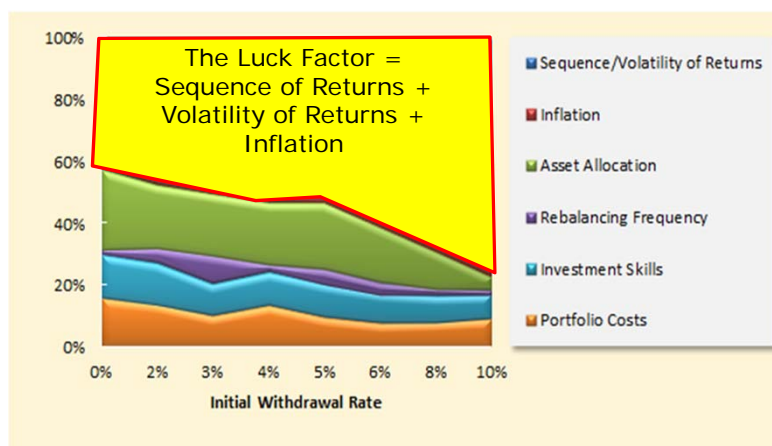
	Initial Withdrawal Rate		
	4%	6%	8%
Sequence of Returns	32%	30%	35%
Inflation	21%	31%	34%
Asset/Fund Selection	11%	10%	8%
Asset Allocation	20%	17%	11%
Portfolio Costs	14%	8%	9%
Others	1%	11%	7%

Equity proxy: S&P500

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

41

## Determinants of Portfolio Growth



Otar, Jim: White Paper, "Determinants of Growth in Distribution Portfolios: A Non-Gaussian Analysis", 2011

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

42

## Mathematics of Loss



The mathematics of loss in a distribution portfolio works entirely different from an accumulation portfolio.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

43

## Distribution Portfolios

- Each time you make a withdrawal after a loss, you create a permanent loss in the portfolio.
- Subsequently, you need to recover from the initial losses, as well as from these permanent losses.
- Recovery in a distribution portfolio is a lot harder than in an accumulation portfolio.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

44

## Gain Required to Break Even

	Initial Withdrawal Rate		
	0%	4%	8%
% Loss	% Gain Required over 3 years		
10%	11%	26%	41%
20%	25%	42%	60%
30%	43%	63%	86%
50%	100%	132%	169%

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

45

## Market versus Portfolio Behavior

MARKET	Accumulation PORTFOLIO	Distribution PORTFOLIO
DOWN	DOWN	DOWN
SIDEWAYS	SIDEWAYS	DOWN
UP	UP	SIDEWAYS

When the withdrawal rate is over 4%, the chances are, a distribution portfolio will never increase in value during bullish trends.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

46

## Mathematics of Loss - Distribution

- The concept of the “long-term” does not exist in distribution portfolios, because a longer time horizon has no effect on sequence of returns.
- One unlucky month at the start of retirement can chop the portfolio life by 10 years.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

47

## Three Warning Signals



How do you know when you might be running out of luck?

1. Technical Signal
2. Fundamental Signal
3. Fourth-Year Checkup

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

48



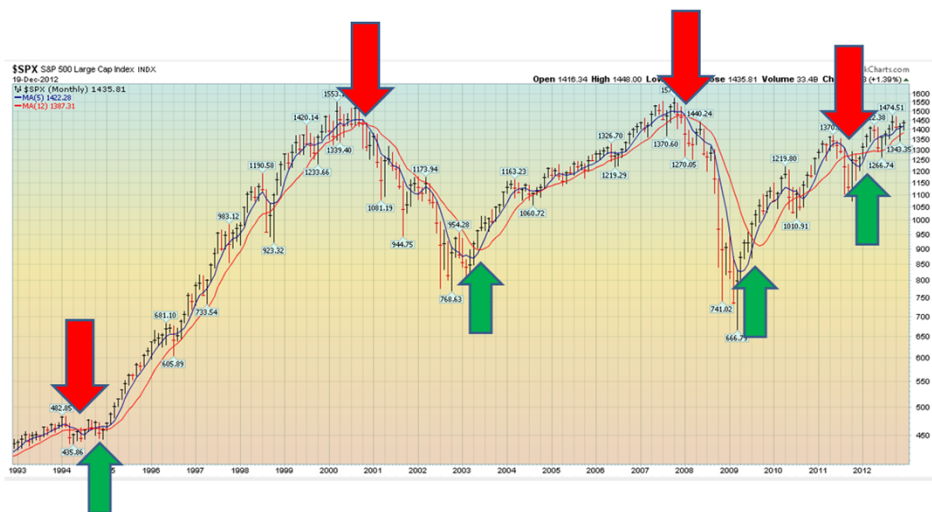
## Warning Signal # 1: Hurricane Warning

- Look at the monthly S&P500 chart
- Draw 5-month and 12 month moving average (MA)
- Hurricane Warning Starts: when the 5-month MA goes below the 12-month MA and 12-month MA is declining
- Hurricane Warning Ends: when the 5-month MA goes above the 12-month MA.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

49

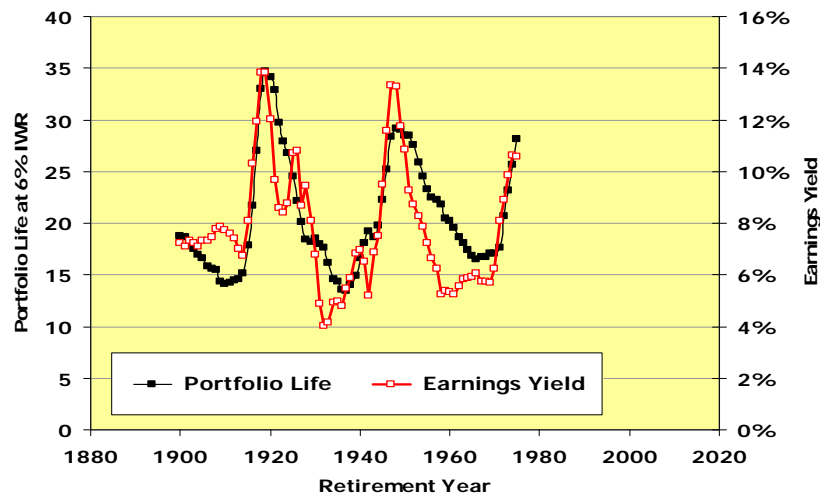
## Warning Signal # 1: Hurricane Warning



©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

50

## Warning Signal # 2: The PE Ratio



©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

51

## Warning Signal # 2: The PE Ratio

Take the Average Market PE, then estimate the portfolio life:

- Portfolio Life @6% IWR=  $4 + (250 / PE)$
- Portfolio Life @5% IWR=  $4 + (360 / PE)$

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

52

## **Warning Signal # 2: The PE Ratio**

### **Check your Luck Factor:**

**When?** At the start of retirement

Generally, if the market average PE is above 12, it is unlikely that you'll have lifelong income.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

53

## **Warning Signal # 3: Fourth Year Check-up**

### **Check your Luck Factor:**

**When?** On the 4th anniversary of retirement

**How?** Ask: “Do I have now more money or less money in my portfolio compared to four years ago?”

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

54

## Warning Signal # 2: Fourth Year Check-up

	If Portfolio Value is Higher	If Portfolio Value is Lower
Initial Withdrawal Rate	Probability of Depletion After 20 years	
5%	0%	7%
6%	2%	38%
8%	6%	72%

40/60 DJIA/ FI

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

55

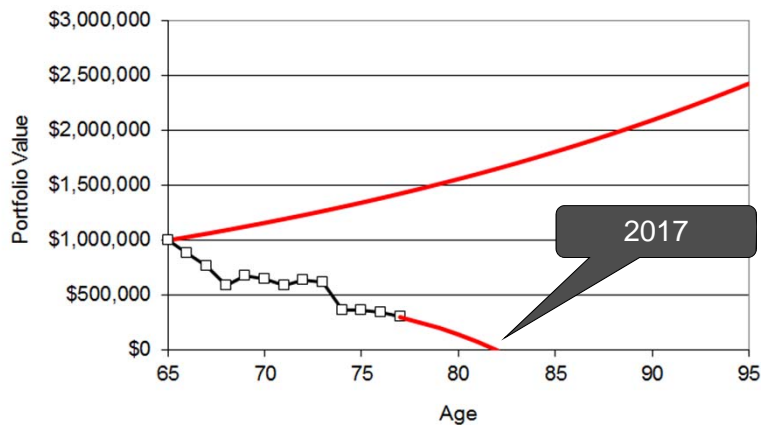
## Warning Signal # 3: Fourth Year Check-up

- If a retirement portfolio loses money in the early years and does not recover within 3 or 4 years, then it is highly likely that it will expire before its owner does.
- Don't lose, give away or donate money in the first 4 years!

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

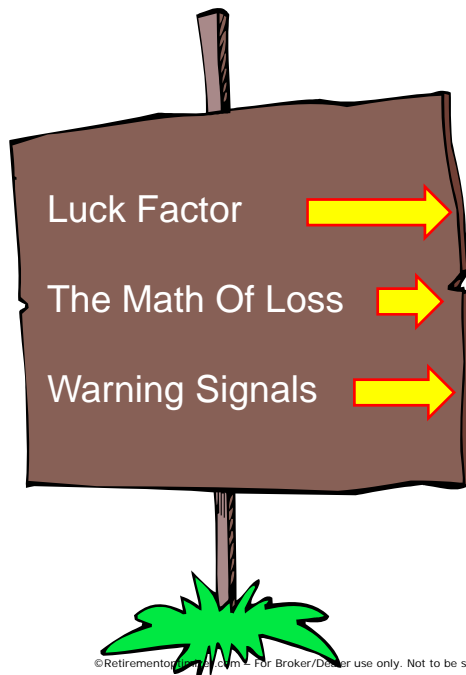
56

## Warning Signals - Retire in 2000



Equity index: DJIA, historical total return less 2% portfolio and management costs  
©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

57



**Create a  
“Personal Pension”  
using  
Guaranteed Income  
to cover the  
Basic Expenses**

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

58

## Zone Strategy

Purpose of Zone Strategy:

- ▶ For your client: Provide lifelong income
- ▶ For you: Manage your business
  - Use your time more efficiently
  - Attract and keep profitable prospects
  - Avoid future problems, litigation

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

59

## Zone Strategy:

**STEP 1:** How much money *do you* want?

**WR** - Withdrawal Rate

**STEP 2:** How much can the *market* give you?

**SWR** - Sustainable Withdrawal Rate

**STEP 3:** How much does an *annuity* pay you?

**AR** – Annuity Payout Rate

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

60

## STEP 2: How Much Can the Market Pay?

### Sustainable Withdrawal Rate (SWR)

Retirement Time Horizon	SWR
40 years	3.0%
30 years	3.6%
20 years	5.1%

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

61

## STEP 2: How Much Can the Market Pay?

### Sustainable Withdrawal Rate (SWR)

Say, you have \$1 million, retiring at age 65,  
then SWR 3.6% of \$1 million is:

**SWR = \$36,000**

indexed to inflation for the rest of your life.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

62

### STEP 3: How Much Does the Insurance Company Pay?

Say, you have \$1 million, retiring at age 65

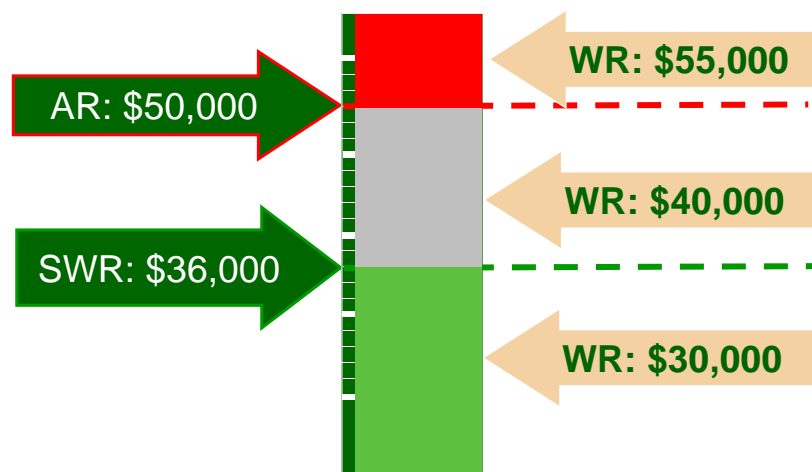
Annuity (SPIA or VA) pays for life

**AR= \$50,000 / year**

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

63

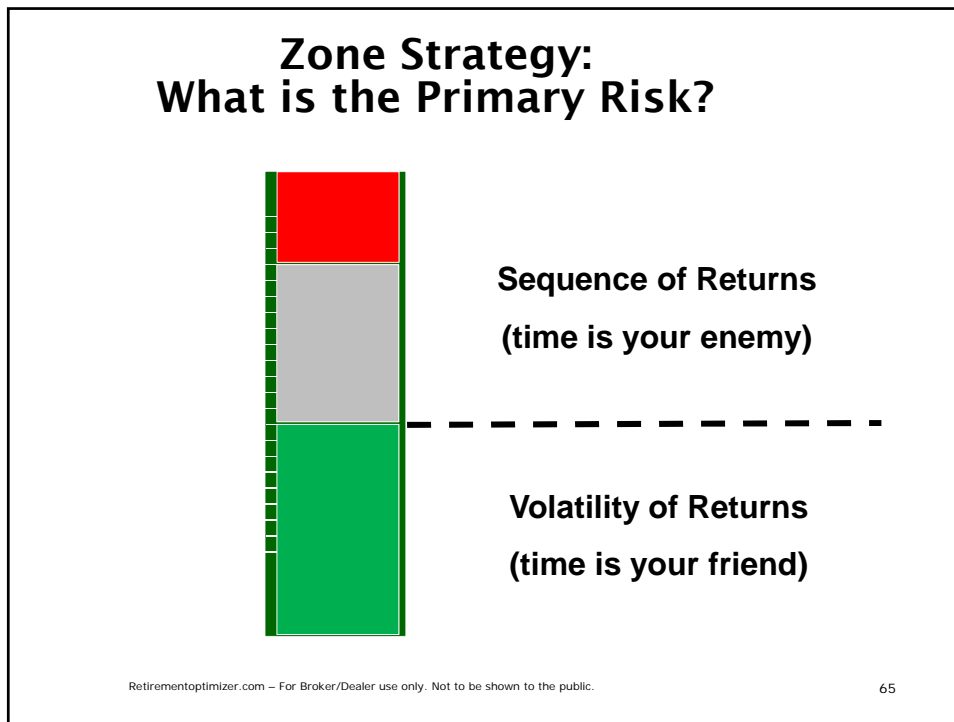
### The Zone Strategy

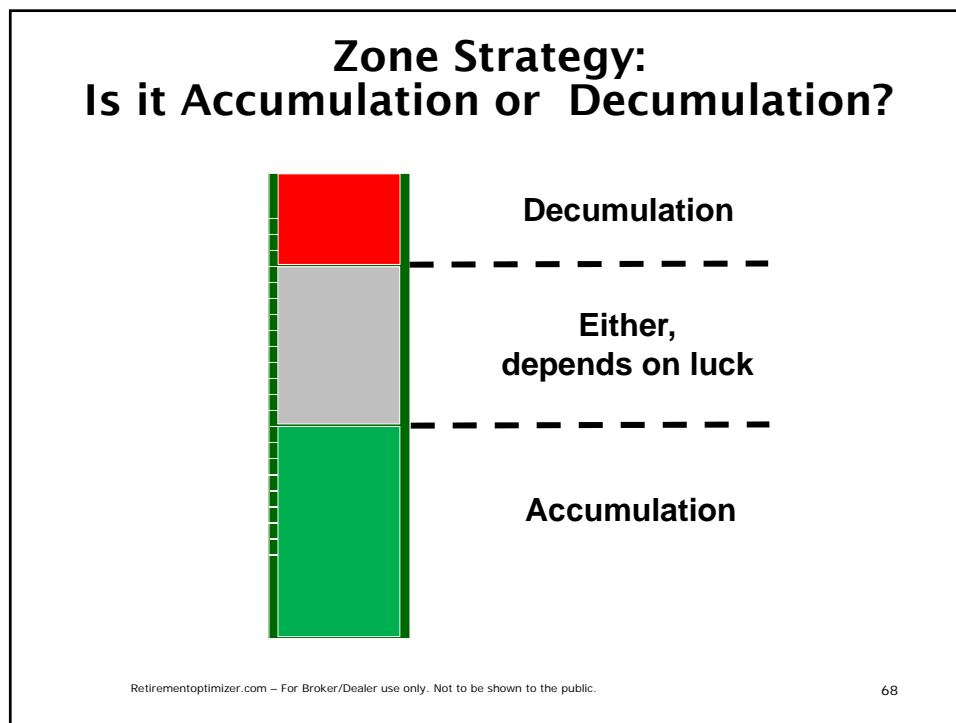


Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

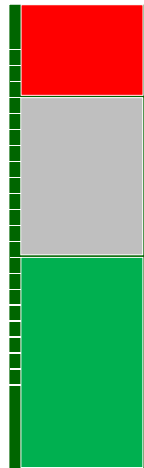
64







## Zone Strategy: Planning Focus



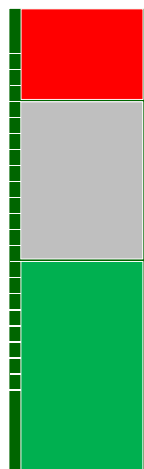
- Cash Flow Planning
- Retirement Planning
- Risk Planning

- Investment Planning
- Tax Planning
- Estate Planning

Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

69

## Zone Strategy: Estate Planning



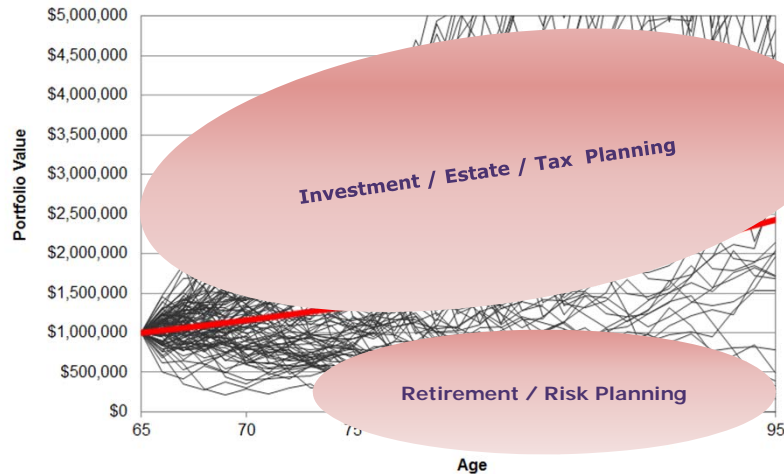
**Don't include children in the estate discussion until retirement plan is firmly in place**

**Include children in estate planning**

Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

70

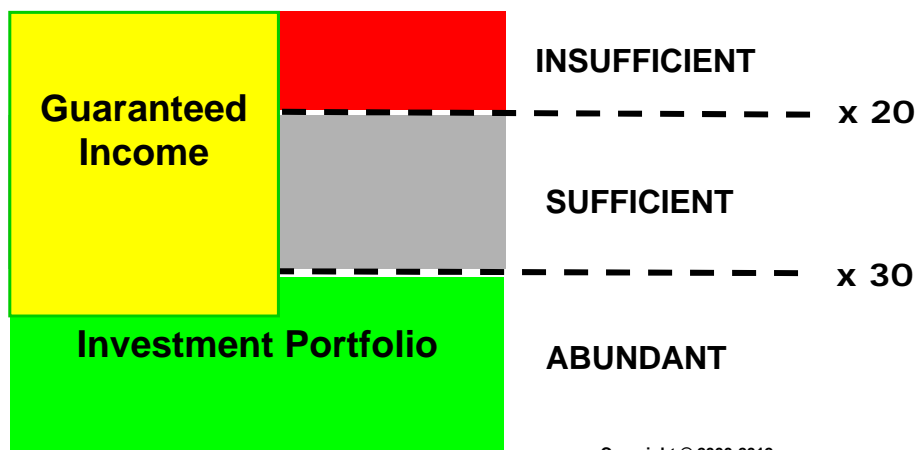
## What is Retirement Planning?



©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

71

## Zone Strategy: Decision Zones for Lifelong Income



Copyright © 2000-2012  
Retirementoptimizer.com Inc.

Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

72

## Summary

- The most important decision in retirement planning is not the asset mix, not what stocks or mutual funds to buy, not the choice of small cap/large cap, domestic/foreign, emerging/developing.
- The most important decision is to figure out if you have the **financial capacity** to generate retirement income from investments.
- The dividing line between HOPE and FEAR is 3.6%.

©Retirementoptimizer.com – For Broker/Dealer use only. Not to be shown to the public.

73

More info:

1. Send email for a free copy of my book, “Unveiling the Retirement Myth” (read-only, pdf format) and/or my Excel-based aftcast retirement calculator
2. Register for my webinar, the next one is on March 14<sup>th</sup>

**Jim C. Otar**

Retirementoptimizer.com  
jim@retirementoptimizer.com